Overhead/Handout 4.7. Record for Catastrophic Reactions

Make notes while the incident is still fresh in your memory. Be specific. Do not use terms like “agitated.” Describe exactly what happened.

Name ________________________________
Date ________________________________
Time ________________________________
Setting ______________________________

What did the person do? _______________________________________________________
_____________________________________________________________________________

Who was there? _______________________________________________________________
_____________________________________________________________________________

What happened just before? _____________________________________________________
_____________________________________________________________________________

What evidence of increasing stress did you see? _____________________________________
_____________________________________________________________________________

How big a problem was this? (very serious, serious, not too serious, minor) ____________
_____________________________________________________________________________

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