## Overhead/Handout 4.8. The Difference between Stress and Stimulation

<table>
<thead>
<tr>
<th>Stress</th>
<th>Stimulation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restless</td>
<td>Attentive</td>
</tr>
<tr>
<td>Picks at things</td>
<td>Alert</td>
</tr>
<tr>
<td>Looks or wanders away</td>
<td>Watching</td>
</tr>
<tr>
<td>Irritable</td>
<td>Smiles</td>
</tr>
<tr>
<td>Does not want to participate</td>
<td>Participates</td>
</tr>
</tbody>
</table>

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