Overhead/Handout 9.4. How We Help

Use an individualized psychosocial plan.

Use brief but frequent interpersonal activities; take tiny steps.

Set the person up to succeed; protect the person from even simple failures.

Avoid complicated tasks; use task breakdown and task analysis.

Avoid long periods of isolation or boredom.

Set simple goals and keep a record; report changes to the physician.

Be patient.

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